

Daily Table Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING YOGA CLASS AT 8 AM - 9 AM RECREATION COUNTER						

Hatha Yoga ◀

IDR 150.000++ / PERSON



Sun Salutation Yoga ◀

IDR 150.000++ / PERSON



Astanga Yoga ◀

IDR 150.000++ / PERSON



Gentle Yoga ◀

IDR 150.000++ / PERSON



Vinyasa Flow Yoga ◀

IDR 150.000++ / PERSON



Power Yoga ◀

IDR 150.000++ / PERSON



Yin Yoga ◀

IDR 150.000++ / PERSON



GUESTS ACTIVITIES AT 09.30 AM - 11 AM RECREATION COUNTER						
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Fun Fruit Carving

IDR 200.000++ / PERSON



Cycling Tour

IDR 75.000++ / PERSON



Basic Balinese Speaking Lesson

IDR 75.000++ / PERSON



Cycling Tour

IDR 75.000++ / PERSON



Aksara Bali Writing

IDR 75.000++ / PERSON



Balinese Culture WITH PAK MANGKU

IDR 250.000++ / PERSON AT SOFITEL TEMPLE



Balinese Coconut Leaf Art

IDR 75.000++ / PERSON



WELLNESS ACTIVITIES AT 3 PM - 4 PM SOFITEL FITNESS						
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Super ABS

IDR 150.000++ / PERSON



Core & Glutes Class

IDR 150.000++ / PERSON



Walking by the Beach ◀

IDR 100.000++ / PERSON



Legsanity ◀

IDR 150.000++ / PERSON



Hi Tabata

IDR 150.000++ / PERSON



Core & Glutes Class

IDR 150.000++ / PERSON



Walking by the Beach ◀

IDR 100.000++ / PERSON



AVAILABLE DAILY						
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Sofitel FITNESS

OPEN 24 HOURS



Tennis Court

IDR 250.000++ / HOUR AT SOFITEL FITNESS



Bike Rental

IDR 50.000++ / 2 HOUR AT RECREATION COUNTER



Boxing by the Beach

IDR 150.000++ / PERSON AT SOFITEL FITNESS



Archery

IDR 50.000++ / HOUR AT RECREATION COUNTER



Mini Soccer

COMPLIMENTARY AT RECREATION COUNTER



Volleyball

COMPLIMENTARY AT RECREATION COUNTER



Carrom Pool Game

IDR 50.000++ / HOUR AT RECREATION COUNTER



Table Tennis

COMPLIMENTARY AT RECREATION COUNTER



Frisbee

COMPLIMENTARY AT RECREATION COUNTER



Fun Aquarobic

COMPLIMENTARY AT MAIN POOL



Mini Badminton

COMPLIMENTARY AT RECREATION COUNTER



